



Allergen Information

Menu: autumn winter 2024 - starters

Date Updated: 22 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Chefs soup - Daily changing	N/A	N/A	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Chefs soup - D C - sourdough	Active wheat	N/A	N/A	May	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Gevrik cheese dish	May Wheat	May	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	Active	Hazelnut	N/A	N/A	
black pud scotch egg dish	Active wheat, barley	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
Tian sm salmon + prawns	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	Active	
Fishcake	Active wheat, barley	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	
Chicken liver	Active	Active	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	May	tree nuts	N/A	N/A	
Anti pasti	Active wheat	Active	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	Active	Active	



Allergen Information

Menu: autumn winter 2024 nibbles

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Olives No allergies	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Sourdough + butter	Active wheat	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Smoked almonds	May Wheat	May	N/A	May	May	N/A	N/A	May	May	May	May	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: autumn winter 2024 - Mains

Date Updated: 22 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Chefs risotto -rice Daily change	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Chefs risotto- pasta Daily chang	Active wheat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Chefs risotto- pearl barley	Active wheat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Fish grill - daily changing	N/A	N/A	N/A	N/A	Active	N/A	May	N/A	N/A	N/A	N/A	May	Active	May	
Granny Alice fish pie	Active wheat	N/A	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	Active	Active	N/A	
Mussels + sourdough	Active wheat	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	Active	
Mussels no bread	N/A	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	Active	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: autumn winter 2024 - burgers

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Beef burger dish	Active wheat barley	Active	N/A	N/A	Active	Active	N/A	Active	May	N/A	N/A	N/A	N/A	N/A	
Chicken burger dish	Active wheat barley	Active	N/A	N/A	Active	Active	N/A	Active	May	N/A	N/A	N/A	N/A	N/A	
Beyond Vegan dish	Active wheat,barley	Active	N/A	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	
just beef patty	Active wheat	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
just chicken patty	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
just beyond patty - no allergies	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: autumn winter 2024 - Caesar salads + grills

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Classic	Active	wheat, rye, barley	Active	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A
Vegan caesar	Active	wheat, rye, barley	Active	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A
Fillet medallions inc garnish	May	frying process	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
Flat iron inc garnish	May	frying process	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
Buttermilk chicken inc garnish	May	frying process	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
Pork chop inc garnish	May	frying process	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: autumn winter 2024 - grill sauces + pizza

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Pepper dijon	N/A	N/A	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
chimichurri salsa	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Bearnaise	Active	barley	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Neopolitan	Active	wheat,barley	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Fire roast peppers and feta Vg	Active	wheat, barley	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
BBQ pulled pork	Active	wheat, barley	N/A	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: autumn winter 2024 - Seafood sharing dish

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Smoked salmon + mackerel	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	
Prawns + king prawns	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	
Pickled cucumber + salad	N/A	N/A	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
Thousand Island dressing	Active	wheat, barley	Active	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
Malthouse rolls	Active	wheat,rye	Active	N/A	Active	Active	Active	Active	N/A	May	May	Tree nuts	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: autumn winter 2024 - sandwiches

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
smoked salmon	Active	wheat, rye, barley	Active	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	Active	N/A
coronation chicken	Active	wheat, rye, barley	Active	N/A	N/A	Active	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A
gammon ham + brie	May	Wheat, rye, barley	Active	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
Cheddar, tomato + onion jam	Active	wheat, rye, barley	Active	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
Fish finger	Active	wheat, rye, barley	Active	N/A	Active	Active	Active	N/A	Active	N/A	N/A	N/A	Active	Active	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: autumn winter 2024 - Sides

Date Updated: 22 / 10 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Skinny fries	May	frying process	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
triple cooked chips	May	frying process	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Posh chips	May	frying process	N/A	N/A	N/A	Active	N/A	May	Active	N/A	N/A	N/A	N/A	N/A	N/A
new potatoes	N/A		N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
green salad + dressing	N/A		N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A
seasonal veg - no butter	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Grain mustard mash	N/A		N/A	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: autumn winter 2024 - Desserts

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs	
white choc brulee	Active wheat	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Apple crumble tart	Active wheat	May	N/A	N/A	Active	Active	N/A	N/A	N/A	May	May	all nuts	N/A	N/A	
key lime pie	Active wheat	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	May	Active	hazelnut	N/A	N/A	
Banana sticky toffee	Active wheat, oat	May	N/A	N/A	Active	May	N/A	N/A	N/A	May	May	all nuts	N/A	N/A	
Chefs brownie	Active wheat	May	N/A	N/A	Active	Active	N/A	N/A	N/A	May	May	all nuts	N/A	N/A	
callestick ice creams	May	May	N/A	N/A	Active	May	N/A	N/A	N/A	May	May	all nuts	N/A	N/A	
cheese board	Active wheat,rye,barley,oat	N/A	N/A	May	Active	N/A	Active	N/A	May	May	May	all nuts	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	