



Allergen Information

Menu: castle view spring summer 2025 - Burgers & Grills

Date Updated: 02 / 04 / 2025

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Beef burger Kittows [patty only]	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Beef Burger dish	Active	wheat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Beyond burger	Active	wheat	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
add cheese	N/A		N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Rib eye steak	May	mc wheat from fryer	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Lamb	May	mc wheat from fryer	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Teryaki chicken	Active	wheat	Active	N/A	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



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	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
peach melba	Active wheat	Active	N/A	May	Active	Active	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	
brownie	Active wheat	Active	N/A	N/A	Active	Active	N/A	N/A	N/A	May	May	all nuts	N/A	N/A	
macaroon	May wheat/rye	Active	May	May	Active	Active	May	May	May	May	Active	almonds/ all nuts	May	May	
carrot cake	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	walnuts/ all nuts	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	



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		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
scone	Active	wheat	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
full cream tea	N/A	wheat	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
mini fishcake	Active	wheat	Active	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A
Ham emmental sandwich	Active	wheat	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Coronation chicken	Active	wheat	Active	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A
arancini	Active	wheat	May	N/A	N/A	Active	N/A	Active	May	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: castle view spring summer 2025- desserts

Date Updated: 05 / 06 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
pomegrainte pecan parfait	N/A		N/A	N/A	May	Activ	Activ	N/A	May	May	May	Active	pecans	N/A	N/A	N/A
peach melba	Activ	wheat	N/A	N/A	May	Activ	Activ	N/A	May	N/A	N/A	N/A		N/A	N/A	N/A
brownie	Activ	wheat	Activ	N/A	N/A	Activ	Activ	N/A	N/A	N/A	May	May		N/A	N/A	N/A
sticky toffee banana pudding	Activ	wheat/mc oats	Activ	N/A	N/A	Activ	May	Activ	N/A	N/A	May	May	all nuts	N/A	N/A	N/A
callestick ice cream	Activ	wheat	Activ	N/A	N/A	Activ	May	N/A	N/A	N/A	N/A	May	all nuts	N/A	N/A	N/A
cheese	Activ	wheat/oats/rye	May	May	May	Activ	N/A	Activ	Activ	May	May	Active	all nuts	N/A	N/A	N/A
cheese conti	Activ	barley/kamut/spelt	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Pizza cheese tomato	N/A	wheat	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Proper jobber	N/A	wheat	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Burrata charred onion	May	wheat	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	Active	hazelnuts	N/A	N/A	N/A
Tuna sandwich	Active	wheat	Active	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A		N/A	Active	N/A
Coronation chicken	Active	wheat	Active	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A		N/A	N/A	N/A
Ham & emmental	Active	wheat	Active	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A		N/A	N/A	N/A
Wensleydale cheese	Active	wheat	Active	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A		N/A	N/A	N/A
teriyaki chicken flatbread	Active	wheat	Active	N/A	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: castle view spring summer 2025 - Sides

Date Updated: 02 / 04 / 2025

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Steamed greens, herb butter	N/A		N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
BBQ corn, chimichurri	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
chunky chips & fries	May	wheat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Asian slaw	N/A		Active	N/A	Active	N/A	N/A	Active	N/A	Active	N/A		N/A	N/A	N/A
Seasonal new potatoes, butter	N/A		N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Rocket gem salad,	N/A		N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
pepper, dijon and brandy	N/A		N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A		N/A	N/A	N/A	
chimmichurri	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
red wine, blue cheese chive	N/A		N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A		N/A	N/A	
Classic caesar	Active	wheat	Active	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A		N/A	Active	N/A
Asian salad	N/A		Active	N/A	Active	N/A	N/A	Active	N/A	Active	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



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		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
GNOCCHI DISH Bidfood 12047	Active	wheat	May	N/A	May	May	May	Active	May	N/A	N/A	May	nuts	May	May	N/A
CATCH Daily changing, check!	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	Active	N/A
RAMEN	N/A		Active	N/A	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A		N/A	N/A	N/A
TERIYAKI CHICKEN	Active	wheat	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
FISH N CHIPS battered	Active	wheat	N/A	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A		N/A	Active	N/A
FISH N CHIPS grilled	May	wheat from fryer	N/A	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A		N/A	Active	N/A
FISH PIE garlic sourdough	Active	wheat in sourdough	N/A	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A		Active	Active	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: castle view spring summer 2025 - nibbles

Date Updated: 17 / 03 / 2025

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	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
OLIVES - Bidfood 64180	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
SOURDOUGH,olive oil,balsamic	Active	wheat in sourdough	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A		N/A	N/A	N/A
BALSAMIC - Bidfood 36682	N/A		N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A		N/A	N/A	N/A
CRACKLING Bidfood 22678	Active	wheat	Active	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: castle view spring summer 2025 - Starters

Date Updated: 17 / 03 / 2025

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		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
SOUP + SORDOUGH	Active	wheat in sourdough	N/A	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
SALMON FISHCAKE DISH	N/A		N/A	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	Active	Active	N/A
ARANCINI Bidfood 19621	Active	wheat	May	N/A	N/A	Active	N/A	Active	May	N/A	N/A	N/A	N/A	N/A	N/A
PATE DISH Bidfood 08203	Active	wheat in crispbreads	Active	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	May	all nuts	N/A	N/A
BURRATA DISH	N/A		N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	Active	Hazelnuts / All nuts	N/A	N/A
GARLIC PRAWNS DISH	Active	wheat in sourdough	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A