

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

BUSINESS NAME: THE FALMOUTH HOTEL

MENU NAME: THREE COURSE LUNCH NIBBLES & STARTERS

DATE PUBLISHED: 19/03/2026

Allergens	Cereals Gluten [type]	Celery	Nuts [type]	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: OLIVES														
DISH NAME: GARLIC FOCCACIA	YES					YES				MC		MC	YES	
	WHEAT													
	BARLEY													
DISH NAME : CHORIZO & FIESTA CROQUETTES						YES	YES		YES					
DISH NAME : SOUP OF THE DAY PLEASE CHECK (DAILY CHANGING)		MC												
DISH NAME: CHARRED RADDICHIO			YES											
			PINENUTS											

This information sheet must be reviewed and revised if any of the recipes of these dishes change

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BUSINESS NAME: THE FALMOUTH HOTEL

MENU NAME: THREE COURSE LUNCH NIBBLES & STARTERS

DATE PUBLISHED: 29/06/26

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: CHICKEN & SMOKED HAM TERRINE							YES		YES			YES	YES	
DISH NAME: CURED RED MULLET	YES WHEAT				YES	YES						YES	YES	
DISH NAME : SEARED SCALLOPS & KING PRAWNS				YES							YES		YES	
DISH NAME :														
DISH NAME:														

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BUSINESS NAME: THE FALMOUTH HOTEL

MENU NAME: SET LUNCH DEAL MAINS

DATE PUBLISHED:19/03/2026

Allergens	Cereals Gluten [type]	Celery	Nuts [type]	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: CHICKEN BREAST		YES					YES		YES				YES	
DISH NAME: CATCH OF THE DAY (CHANGES DAILY)					YES									
DISH NAME : FISH 'N' CHIPS	YES				YES		YES		YES			YES	YES	
	WHEAT													
DISH NAME : PEA & MINT RAVIOLI	YES								YES					
	WHEAT													
DISH NAME: SIRLOIN STEAK 170G	YES								YES					
	BARLEY													
	WHEAT													

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BUSINESS NAME:

THE FALMOUTH HOTEL

MENU NAME: THREE COURSE LUNCH MENU

DATE PUBLISHED:29/06/26

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: TRIFLE	YES						YES		YES				YES	
	WHEAT													
DISH NAME: TIRAMISU	YES					MC	YES		YES				MC	
	WHEAT													
DISH NAME : ICE CREAM	YES					MC	YES		YES					
	WHEAT													
DISH NAME : CHEESEBOARD	YES	YES	MC					MC	YES	MC				
	WHEAT		TREE NUTS											
	RYE, OAT													
	BARLEY													
DISH NAME:														

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BUSINESS NAME: THE FALMOUTH HOTEL

MENU NAME: SANDWICHES

DATE PUBLISHED:29/06/2026

Allergens	Cereals Gluten [type]	Celery	Nuts [type]	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: Salami & Smoked Cheddar	YES					YES			YES				YES	
	WHEAT													
	BARLEY													
	RYE													
DISH NAME: Smoked Salmon	YES				YES	YES			YES					
	WHEAT													
	BARLEY													
	RYE													
DISH NAME : SLICED EGG	YES					YES	YES					YES		
	WHEAT													
	BARLEY													
	RYE													
DISH NAME : CHEDDAR	YES					YES			YES			YES		
	WHEAT													
	BARLEY													
	RYE													
DISH NAME: GAMMON HAM	YES					YES			MILK			YES		
	WHEAT													
	RYE													
	BARLEY													

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BUSINESS NAME:

THE FALMOUTH HOTEL

MENU NAME: SANDWICHES

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: FISH FINGER	YES				YES	YES							YES	
	WHEAT													
	BARLEY													
	RYE													
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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